Friday March 4th Registration 5:00 - 5:50 **TRIPLE OPTION**

- SESSION #1 -6pm - 7:20pm Danny O'Rourke - Slot Backs Coach United States Naval Academy Drilling the slot backs Coaching motion and pitch phase of Triple option Identifying and blocking run support Working load path

- SESSION #2 -7:30pm - 9pm Danny O'Rourke **Coaching Wide Receivers** Identifying deep defender and using 6 point blocking progression

WING - T

- SESSION #1 -6pm - 7:20pm Jeff Polites - Head Coach Donegal High School Belly Series run game

> - SESSION #2 -7:30pm - 9pm Jeff Polites Belly Series Counter (Sally) and play action

CDALCHES SUCIAL **9 pm - 10 pm** Pizza - Wings Sponsored by Parna Phas



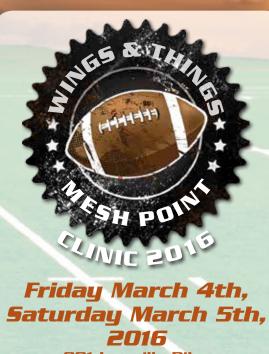
Registration Form

Name of Head Coach: Name of High School: Address of High School: School Tel:_____ Home Tel:_____ Email:_____

Additional Coaches:

Payment Information

Pay with Check: Make Checks payable to Dennis lezzi Mail Check to: Anthony Sottasante 621 Country Club Rd., York, PA 17403 Pre Registration Fee - \$65.00 per Coach | Walk-Up Fee - \$75.00 per Coach Group Discounts Offered. Call (717) 424-5840 Pre Registration Deadline February 25th, 2016. Must Send Check Ahead. **Coaches and topics subject to change.



901 Ironville Pike Columbia. PA

Clinic Directors: Anthony Sottasante Dennis lezzi





Friday March 4th, Saturday March 5th, 901 Ironville Pike • Columbia, PA

The Clinic will feature a full day of intense football instruction from some of the best High School and College coaches in the Middle Atlantic Region.

Clinic Director: Anthony Sottasante - 717-424-5840

Head Coach: Columbia High School

Clinic Director: Dennis lezzi - 610-781-9787

Defensive Assistant: Albright College

Best Clinic Value on the East Coast!

• FREE Breakfast

• FREE Lunch

 FREE Coach's Social • Door Prizes



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Saturday March 5th Agenda

WING T

- SESSION #1 -8:00am - 9:30am Chuck Johnson Ridaewood Hiah School Wing T Oline Play And Practice Strategy

- SESSION #2 -9:40am - 11:10am Brett Myers HC Middletown Area High School Shotgun Waggle And Rocket Sweep

- SESSION #3 -11:20am - 12:30pm Mike Whitehead **Cumberland Valley High School** Cv Goal line And Unbalanced Package

> - LUNCH -12:30pm - 1:00pm

- SESSION #4 -1:10pm - 2:30pm John Manion HC Lampeter Strasburg Pistol Wing T

- SESSION #5 -2:40pm - 4:00pm Tom Waranavage DC Manheim Central High School **Defending The Wing-T**

7:30 am - 8:00 am Registration

- SESSION #1 -8:00am - 9:30am Rob Zeitman Assistant Hc/Oline Coach Ferris State Short Pistol Triple Option

- SESSION #2 -

9:40am - 11:10am Rob Zeitman Assistant Hc/Oline Coach Ferris State Short Pistol Complimentary Plays

- SESSION #3 -

11:20am - 12:30pm Lou Cella Triple Option Football Academy Running Rocket And B-Back Toss From The Double Flex

> - LUNCH -12:30pm - 1:00pm

- SESSION #4 -1:10pm - 2:30pm

Dave Gingrich HC Cocalico High School Drilling The Qb In Option Fundamentals, Front Recognition, Dive And Pitch Phase

- SESSION #5 -

2:40pm - 4:00pm Mike Choi HC Pequea Valley High School Screen Package From Flexbone

- SESSION #6 -

3:30pm - 4:20pm Matt Gingrich HC Annville-Cleona High School Outside Veer



- SESSION #1 -8:00am - 9:30am **Clayton Kendrick** HC Suny Maritime College Using Formations, Motions, And Shifts To Gain An Edge From The Flexbone



- SESSION #3 -11:20am - 12:30pm **Bob Trott** DC University Of Richmond Richmond 4-2-5 (Continued)

> - LUNCH -12:30pm - 1:00pm

- SESSION #4 -

1:10pm - 2:30pm Andy Wolfrun HC Us Military Academy Prep Odd Front Field/Boundary Slant And Pressures

- SESSION #5 -

2:40pm - 4:00pm Andy Wolfrun HC Us Military Academy Prep Odd Front Coverages And Trips Adjustments